



**ISTFP**  
International Society  
for Transference  
Focused Psychotherapy

**3<sup>rd</sup> ISTFP Conference**  
**October 13-15, 2014**  
**Camera di Commercio**  
**Via G. Verdi 2**  
**Parma, Italy**

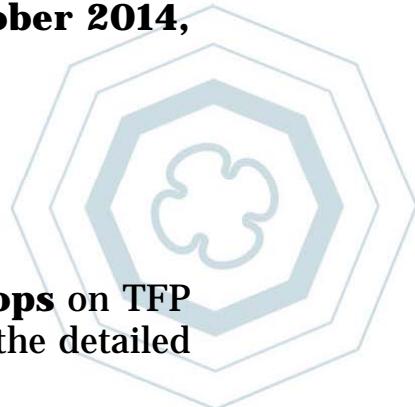
Dear ISTFP Members and Colleagues interested in TFP,

This is the **Third Announcement** of the 3<sup>rd</sup> International Conference of the International Society for Transference Focused Psychotherapy (ISTFP).

### **The Conference**

The Conference will be held in **Parma**, Italy, on **October 2014, 14-15**.

Please find the final **Scientific Program** attached.



### **The TFP Introductory Workshops**

On Monday October 13, two **Introductory Workshops** on TFP for Adults and Adolescents are scheduled. Please find the detailed **Workshop Program** attached.

### **The Conference location**

**The Conference and the Workshops** will be held at the Camera di Commercio Congress Center (Chamber of Commerce, via Giuseppe Verdi 2), conveniently located between the heart of the city, Piazza Garibaldi, and the railway station (both at 5-minute walking distance).

### **The Conference Official Dinner**

The **Conference Official Dinner** is scheduled on Tuesday, October 14. The dinner will take place at the **Circolo di Lettura e Conversazione** in Parma (via Melloni 4), located in a charming historical palace in the city center, dated XVII century, and at walking distance from the Conference venue.

## **Demonstration Supervision**

A demonstration supervision for TFP therapists to two cases treated in TFP and presented by participants is kindly offered by Frank Yeomans (New York, USA) and Eve Caligor (New York, USA) on the last conference day, October 15, from 8.30 to 11.00. Whoever interested in presenting a case should proceed as follows:

- present briefly the case;
- select a segment of a taped (better if videotaped) session (no more than 20');
- it should be in English, or a translated transcription should be provided.

The Local Organizing Committee will screen the cases and inform the supervisors and the applicants on the final decision. Please send the above mentioned material to Sergio Dazzi ([sdazzi@dazzistudio.it](mailto:sdazzi@dazzistudio.it)) to apply.

We are grateful to Eve and Frank for offering the opportunity to learn how to organize clinical material to provide a thorough supervision. For this purpose we require that the patient is being treated in TFP (no matter the level of clinical expertise of the therapist).

We warmly invite all of you to take advantage of this opportunity and to submit case material **by October 5<sup>th</sup>**.

This demonstration supervision will be opened up to 50 additional participants to the Conference who are interested in observing the supervision process. To register please click here: <https://it.surveymonkey.com/s/ISTFPSupervision>

## **About Parma**

**Parma** is an ancient city located in the North of Italy. The Latin term *parma* (-ae) refers to a small circular shield used by the Etruscans and later on adopted by the Roman army, which conquered the town around the 2<sup>nd</sup> century b.C.. While during the Middle Ages Parma was under the Frankish and Papal rule, in the Modern era it became the capital of the Duchy of the Houses of Farnese, Bourbons, and lastly of Marie Louise, Napoleon's second wife. The city center keeps charming monuments, palaces and churches from each age, as well as the elegant atmosphere of a small capital. Parma also hosts one of the world's oldest Universities (dated 1502) and is currently a lively, internationally-oriented University town. Finally, Parma is world famous for its delicious food and demanding Opera season. A nice way to get to know the city is participating into a mixed artistic and gastronomic guided [tour](#).

The best means of transportation in the historic center is ... on foot! But the locals prefer cycling, so always look for cyclists before crossing the road. However, if you choose to stay outside the city center you can easily reach the Conference location by public buses (bus stops: via Garibaldi, piazza Garibaldi, via Mazzini). You can either buy single tickets or an 8-rides card at cigar or newspaper shops. You will need to stamp the ticket/card on your entering the bus. Alternatively, you can ask your hotel to call a taxi for you, or you can do it yourself by calling +39.0521.252562 (Radio Taxi Parma).

## **How to get to Parma**

### **Train**

Parma can be easily reached by train from Milan, Bologna, and Rome (75 minutes from Milan; 60 minutes from Bologna; about 3 hours 1/2 from Rome, with connection in Bologna). For train schedules and ticketing see [www.trenitalia.com](http://www.trenitalia.com).

Once arrived at Parma train station, the street in front of the pedestrian exit is Via Verdi. The Conference venue is located at the end of that street, on your right (approx: 500 meters).

### **Plane**

Parma has a small airport connected with London Stansted (UK) ([www.parma-airport.it](http://www.parma-airport.it)). A frequent bus service operates from 6.30 am to 8 pm between the train station and the airport and vice versa (Bus Line N. 6). The ticket price for each bus ride is 1,20 euro, with additional 80 cents if the ticket is purchased on board. A taxi dock is located outside Parma Airport (around 12 euros to reach the conference venue).

However, almost all international airlines fly to Milan, Rome, and Bologna.

#### *Reaching Parma from Milan Airport*

If you are landing in **Milan** ([Malpensa Airport](http://Malpensa Airport), MXP), the fastest way to reach Parma is getting to Milan Central Station and, from there, to Parma by train (75 minutes). To reach Milan Central Station from Milan Malpensa Airport, three options are available: trains, buses or taxi.

[Trains](#) leave from Terminal 1 and reach Central station in around 40 minutes (12 euros, departures every 30 minutes).

Buses leave from both Terminal 1 and 2, just outside the terminal, and the journey takes around an hour, depending on traffic (10 euros). Free wi-fi connection is offered on board.

Another option is Taxi: taxi docks are located at ARRIVALS (Ground floor, exit gate 6 at Terminal 1 e exit gate 4 at Terminal 2). A fixed fare is available to reach any destination in Milan (including Central Station): 90 euros.

In case you are landing in another airport in Milan (Milan Linate, LIN, or Milan-Bergamo “Orio al Serio”, BGY), please do not hesitate to contact us for information on how to reach Parma from there.

For train schedules and ticketing from Milan Central Station to Parma, please visit: [www.trenitalia.com](http://www.trenitalia.com) (prices around 20 euros).

#### *Reaching Parma from Bologna Airport*

If you are landing in Bologna Airport, the fastest way to reach Parma is getting a bus to Bologna Central Station and, from there, a train to Parma (50 minutes). A shuttle service is offered connecting the airport to the station at the cost of 6 euros (travelling time around 20 minutes).

For train schedules and ticketing from Bologna Central Station to Parma, please visit: [www.trenitalia.com](http://www.trenitalia.com) (prices around 10-15 euros).

#### *Reaching Parma from Rome Airport*

If you are landing in **Rome Airport** (Leonardo da Vinci Airport), you can reach Parma by transferring to Roma Termini railway station and, from there, catching a train to Parma. The **Leonardo Express** is a no-stop train service dedicated exclusively to airport passengers, to and from Roma Termini with departures every 30 minutes and a journey time of 31 minutes. Tickets cost 14 euros per person.

For train schedules and ticketing from Rome to Parma please visit: [www.trenitalia.com](http://www.trenitalia.com) (prices around 60-70 euros; connection in Bologna).

## **Car**

On highway “A1” take the exit Parma, then follow directions to the city center (approx. 3 kms/1.8 miles). Three carparks “Toschi” (Viale Toschi 2 - tel 0521 235953), “Duc” (Largo Torello de Strada 11 - tel 0521030562) e “Dus” (Viale Mentana 99/a - tel 0521706370) are available at walking distance from the conference venue (8-10 euros per day). Another option is parking your car at Parcheggio Scambiatore Nord San Leonardo, located just outside

the highway exit. This car park is free and a bus service will take you directly to the center.

## Lodging

As for **accommodation** during your stay in Parma, you can check out the following websites: [www.turismo.comune.parma.it](http://www.turismo.comune.parma.it), [www.parmahotel.it](http://www.parmahotel.it) or [www.bbparma.it](http://www.bbparma.it).

We warmly recommend you to proceed with reservation as soon as possible, since hotel rooms might be quickly sold out because of the Giuseppe Verdi Music Festival, which takes place every October in town.

If you need assistance with finding an accommodation please refer as soon as possible to our local incoming tour operator, **Food Valley Travel & Leisure** (email: [info@foodvalleytravel.com](mailto:info@foodvalleytravel.com)).

## Transfer to ESSPD Conference in Rome

Participants who are willing to attend the ESSPD Congress following our Conference can reach Rome by train on Wednesday, October 15, in the afternoon. We have arranged a group reservation to make sure that all ISTFP members who are going to the ESSPD Conference can travel together to Rome. If you are interested in this option and wish that we reserve a train ticket for you, please notify **ASAP** our local travel agency, **Food Valley Travel & Leisure**, at [info@foodvalleytravel.com](mailto:info@foodvalleytravel.com).

## Registration

Please register before **September 15, 2014!**

Registration Fees (in Euros):

	<b><i>ISTFP Members</i></b>	<b><i>Non-Members</i></b>
<b>Adult TFP Introductory Workshop</b>	€ 110	€ 135
<b>Adolescent TFP Introductory Workshop</b>	€ 110	€ 135
<b>ISTFP Conference</b>	€ 110 <i>Students*:</i> € 95	€ 135 <i>Students*:</i> € 115
<b>Conference Dinner</b>	€ 90	€ 90

\*undergraduate students; PhD students; psychiatry and psychotherapy residents

To register to the Workshops, the Conference and the Official Dinner please click on the following link:  
<https://it.surveymonkey.com/s/ISTFP2014>.

There you will provided with all the information you need to proceed with payment. You can pay either by bank transfer or by credit card through PayPal.

Your registration will be accepted when payment of the full amount has been received. You will receive a confirmation email by [istfpconference2014@gmail.com](mailto:istfpconference2014@gmail.com) within 2 weeks. If not, please notify us.

Please note that a reduced fee for ISTFP members is only granted if you have paid your 2014 membership dues. Students will need to forward a valid certificate by email at [istfpconference2014@gmail.com](mailto:istfpconference2014@gmail.com) upon registration.

If you have any questions regarding registration or payment of the conference fee, please do not hesitate to contact us at [istfpconference2014@gmail.com](mailto:istfpconference2014@gmail.com).

You can also follow our [Facebook web-page](#), which is constantly updated with news and info on the conference.

We wish you a wonderful conference and we look forward to welcoming you in Parma.

Parma, September 2014



Local Organizing Committee

[www.PDLab.it](http://www.PDLab.it)

[istfpconference2014@gmail.com](mailto:istfpconference2014@gmail.com)



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UNIVERSITÀ DEGLI STUDI DI PARMA





**3<sup>rd</sup> ISTFP Conference  
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Parma, Italy**

**FINAL PROGRAM**

**Sunday, October 12  
Pre-Conference Examination Day**

- |               |  |
|---------------|--|
| 10:00 – 17:30 | Examination for the Certification of TFP teachers and supervisors (Members of the Certification Committee)<br>Location: PDLab, b.go G. Tommasini 18, Parma |
| 18:00 – 19:30 | Executive Board meeting<br>Location: PDLab, b.go G. Tommasini 18, Parma  |
- 

**Monday, October 13**

**Committees meetings:**

- |               |  |
|---------------|--|
| 9:00 – 10:30  | Training and Education Committee meeting                 |
| 11:00 – 12:30 | Inpatient TFP and Psychiatric Services Committee meeting |
| 11:00 – 12:30 | Research and Publication Committee meeting               |
| 12:30 – 14:00 | Public Relations Committee meeting                       |
| 12:30 – 14:00 | Adolescent TFP Committee meeting                         |
| 18:00 – 18:45 | Ethics Committee meeting                                 |

## **Introductory clinical workshops**

### **11:00-17:30: Introductory Workshop A: TFP for Adolescents**

Lina Normandin (Québec, Canada), Karin Ensink (Québec, Canada), Alan S. Weiner (New York, USA)

11:00 – 12:00	Brief review of TFP-A Structural Interview: Core self–Identity diffusion Paranoid transference Case of “T.” & Case of the “King”
12:00 – 12:30	Principles in working with parents
12:30 – 14:00	Lunch Break (on your own account)
14:00 – 15:30	Specific tactics, strategies and techniques in TFP-A Dealing with dangerous acting out, self-destructiveness and dependency Omnipotent transference Case of “M.”
15:30 – 15:45	Break
15:45 – 17:00	TFP-A in the context of Sexual Abuse: Case of “K.” Dealing with silence and reluctance to talk: Case of “T.”
17:00 – 17:30	Discussion

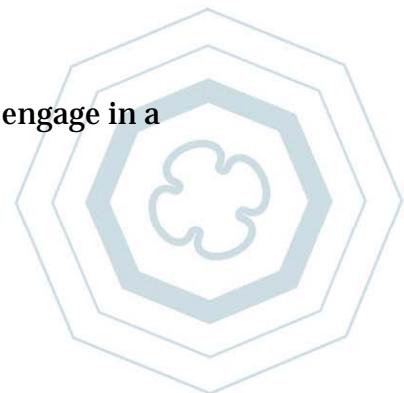
### **11:00-17:30: Introductory Workshop B: Transference-Focused Psychotherapy for Borderline and other Personality Disorders**

Frank Yeomans (New York, USA), Sergio Dazzi (Parma, Italy), Philipp Martius (Höhenried, Germany)

11:00 – 12:30	Brief introduction to evidence-based treatments for Personality Disorders. TFP specificity: empirical outcome, personality organization assessment, goals, techniques
	A model of psychological structure in BPO <ul style="list-style-type: none"><li>▪ Review of object relations theory</li><li>▪ A psychodynamic-structural diagnostic system for personality disorders, the role of evaluation</li><li>▪ High level borderline and low level borderline: The syndrome of identity diffusion</li><li>▪ Alternate models for working with borderline personality disorder</li></ul>

General introductory definitions of TFP. Differences between Strategies, Tactics and Techniques and how they fit together:

	<b>1. Strategies</b>
12:30 – 14:00	Lunch Break (on your own account)
14:00 – 15:45	<b>2. Tactics:</b> A) Setting of contract, requirement for patient to engage in productive activity, meaning of “structuring treatment” B) Additional Tactics: Selecting the focus of attention and intervention, regulation of affective involvement, management of incompatible realities
	<b>3. Treatment Techniques:</b> <ul style="list-style-type: none"> <li>▪ Interpretation</li> <li>▪ Technical Neutrality</li> <li>▪ Countertransference</li> </ul>
	<b>Evolution of treatment</b>
15:45 – 16:00	Break
16:00 – 17:30	<b>Video of session</b> <ul style="list-style-type: none"> <li>▪ Attending to the Transference</li> <li>▪ Contract and requiring for patient to engage in a productive activity</li> <li>▪ Dealing with a crisis</li> <li>▪ Stages of interpretative process</li> </ul>
	<b>Discussion</b>
19:00	<b>Conference Opening Reception</b> <i>Foyer Teatro Regio (strada Garibaldi, 16/a, Parma).</i>



## Tuesday, October 14

8:00 – 8:30	<b>Registration</b>
8:30 – 9:00	<b>Welcome</b> Giuseppe Luppino (Dean of Neuroscience Department, University of Parma), Sergio Dazzi (Parma, Italy), Otto F. Kernberg (New York, USA)
	<i>Plenary Lecture</i>
	Moderator: Peter Buchheim (Tutzing, Germany)
9:00 – 10:00	<b>Transference love in TFP</b> Otto F. Kernberg (New York, USA)
10:00 – 10:30	<b>Discussion</b>

10:30 – 11:00	Coffee break
11:00 – 12:30	<p><i>Simultaneous symposia</i></p> <p><b>Special topic meetings – TFP in different settings</b></p>
	<b>A. Kleinian versus TFP techniques</b>
	Moderator: Stephan Doering (Vienna, Austria) Peter Schuster (Vienna, Austria) and Otto F. Kernberg (New York, USA)
	<b>B. Inpatient TFP</b>
	Moderator: Gerhard Dammann (Münsterlingen, Switzerland) <i>Introductory statements</i> Mathias Lohmer (Munich, Germany), Kees Kooiman (Rotterdam, The Netherlands)
	<b>C. TFP in psychiatric services</b>
	Moderator: Chiara De Panfilis (Parma, Italy) <i>Introductory statements</i> Joan Vegué (Barcelona, Spain), Michael Rentrop (Munich, Germany)
	<b>D. TFP in Children</b>
	Moderator: Karin Ensink (Québec, Canada) <i>Introductory statements</i> Maya Krischer (Cologne, Germany), Irmgard Kreft (Berlin, Germany), Lina Normandin (Québec, Canada)
	<b>E. TFP in narcissistic patients</b>
	Moderator: Diana Diamond (New York, USA) <i>Introductory statements</i> Nel Draijer (Amsterdam, The Netherlands), Agnes Schneider-Heine (Munich, Germany), Sergio Dazzi (Parma, Italy)
12:30 – 13:15	Lunch
13:15 – 14:00	<p><b>ISTFP membership assembly</b></p> <p><i>(For ISTFP members only)</i></p> <p>Moderator: Stephan Doering (Vienna, Austria)</p>
14:00 – 15:30	<p><i>Plenary lecture</i></p> <p><b>Low-dose TFP – does it work, and if so, how?</b></p> <p>Frank Yeomans (New York, USA)</p> <p>Discussant: Stephan Doering (Vienna, Austria)</p>
15:30 – 16:00	Coffee break

16:00 – 18:30

*Simultaneous symposia*  
**Scientific presentations:**

**Symposium 1: Diagnosis of Personality**

Chair: Eve Caligor (New York, USA)

*Susanne Hörz-Sagstetter, Marlene Träger, Alice Lederle, Michael Rentrop (Munich, Germany)*

Personality structure of healthy individuals.

*Karel Riegel, Marek Preiss (Prague, Czech Republic)*

Assessing the level of structural integration using Structured Interview of Personality Organization (STIPO): Implications for DSM-5.

*Rossella Di Pierro, Fabio Madeddu, Antonios Dakanalis, Marcello Gallucci (Milano, Italy), Nicole Cain (New York, USA)*

Preliminary results of the Pathological Narcissism Inventory validation study in Italy.

*Emanuele Preti, Chiara Suttori (Milano, Italy)*

Identity and speech diffusion: It's not just what you say about yourself, it's also how you say it!

*Antonio Prunas, Diamante Hartmann, Maurizio Bini (Milano, Italy)*

Gender dysphoria and identity diffusion.

*Antonio Prunas (Milano, Italy)*

Personality organization and quality of sexual life in a sample of non-clinical women.

**Symposium 2: Application of TFP in Different Settings**

Chair: Gerhard Dammann (Münsterlingen, Switzerland)

*Elisa Bergonzini, Maria Moscara (Modena, Italy)*

TFP in general hospital consultation.

*María Jesús Rufat, Esther Verdaguer, Eulalia Ripoll (Barcelona, Spain)*

Application of aspects of TFP to a psychotherapeutic group of severe BPD patients treated in a day hospital.

*Eulalia Ripoll (Barcelona, Spain)*

TFP for patients with severe BPD: A case.

*Clara Mucci, Andrea Scalabrini (Pescara, Italy)*

Trauma, dissociation and Borderline Personality Disorder. A clinical perspective.

*Agnieszka Izdebska (Poznan, Poland)*

The role of personality organization in adult relational experiences of sexual violence in women with a history of child sexual abuse. Treatment implications.

*Marta Gomà (Barcelona, Spain)*

Re-editing the abandonment and the aggressions of the object relationships in the therapeutic relationship: transference and extra-transference in the intervention of TFP.

### **Symposium 3: Neurobiological Aspects of BPD**

Chair: Kenneth N. Levy (Pennsylvania, USA)

*Anna Buchheim, Karin Labek (Innsbruck, Austria), Steffen Walter (Ulm, Germany), Roberto Viviani (Innsbruck, Austria; Ulm, Germany)*

A clinical case study on a patient with narcissistic traits of a psychoanalytic psychotherapy monitored with functional neuroimaging.

*Alessandro Grecucci (Trento, Italy)*

Regulating emotions: from psychotherapy to neuroscience and back.

*Eleonora Visintin (Genova, Italy), Chiara De Panfilis (Parma, Italy), Mario Amore (Genova, Italy), Fabio Sambataro (Trento, Italy)*

Mapping the brain correlates of borderline personality disorder.

*Eric A. Fertuck (New York, USA)*

The neural dynamics of social exclusion and object relations in Borderline Personality Disorder.

*Xochitl Duque, C Cruz, H Sentíes (Mexico City, Mexico)*

Association between serotonine transporter gene and impulsivity-aggression in Borderline Personality Disorder patients with suicide attempts.

### **Symposium 4a: The influence of personality pathology, effortful control, and rejection sensitivity on interpersonal behavior and emotion in daily life**

(16:00 – 17:15)

Chair: John F. Clarkin (New York, USA)

*Nicole M. Cain (New York, USA)*

Pathological narcissism and interpersonal behavior and emotion fluctuation in daily life.

*Kevin B. Meehan (New York, USA)*

Borderline personality traits and interpersonal behavior and emotion fluctuations in daily life.

*Chiara De Panfilis (Parma, Italy)*

The impact of effortful control and rejection sensitivity on interpersonal behavior and emotion fluctuations in daily life.

## **Symposium 4b: New results from the Vienna-Munich TFP Study**

(17:30 – 18:30)

Chair: John F. Clarkin (New York, USA)

*Melitta Fischer-Kern, Stephan Doering (Vienna, Austria), Svenja Taubner (Klagenfurt, Austria), Susanne Hörz-Sagstetter, Michael Rentrop (Munich, Germany), Peter Schuster (Vienna, Austria), Peter Buchheim (Tutzing, Germany), Anna Buchheim (Innsbruck, Austria)*

Change in reflective function: Results from a Randomized Control Trial of Transference-Focused Psychotherapy for Borderline Personality Disorder.

*Anna Buchheim (Innsbruck, Austria), Susanne Hörz-Sagstetter, Michael Rentrop (Munich, Germany), Stephan Doering, Melitta-Fischer-Kern (Vienna, Austria)*

Attachment status before and after one year of Transference Focused Psychotherapy (TFP) versus Therapy as Usual (TAU) in patients with Borderline Personality Disorder.

*Stephan Doering (Vienna, Austria), Susanne Hörz-Sagstetter, Michael Rentrop (Munich, Germany), Melitta Fischer-Kern, Peter Schuster (Vienna, Austria), Cord Benecke (Kassel, Germany), Anna Buchheim (Innsbruck, Austria), Philipp Martius (Hohenried, Germany), Peter Buchheim (Tutzing, Germany)*

Follow-up data from the Vienna-Munich TFP study.

20:00

### **Conference dinner**

*Location: Circolo di Lettura e Conversazione, Parma  
including award ceremony (ISTFP Research Award 2014),  
toasts (Otto F. Kernberg, Sergio Dazzi, Fabio Madeddu,  
Stephan Doering et al.)*

## **Wednesday, October 15**

8:30 – 9:30

### **Kick-off meeting for a new multi-site RCT on the efficacy of TFP**

Moderators: John Clarkin (New York, USA), Stephan Doering (Vienna, Austria)  
With representatives of the participating sites and the Research and Publication Committee

8:30 – 11:00

### **Demonstration Supervision for TFP therapists**

Frank Yeomans, Eve Caligor (New York, USA)

9:45 – 11:00

### **Plenary lecture TFP for adolescent borderline patients (TFP-A)**

Lina Normandin (Québec, Canada).  
Discussant: Otto F. Kernberg (New York, USA)

- 11.00 – 11.15 Light coffee break
- 11:15 – 11:45 *Plenary lecture*  
**Presentation of the ISTFP Research Award 2014 winner**  
Moderator: Ken Levy (Pennsylvania, USA)
- 11:45 – 12:15 **Closure of the conference**  
Sergio Dazzi (Parma, Italy), Fabio Madeddu (Milano, Italy), Stephan Doering (Vienna, Austria)
- 12:15 – 14:00 Lunch
- Ca. 15.00 **Joint train ride to Rome**  
for those who attend the ESSPD conference on October 15 to 18, 2014.

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