



The North American Home  
of

Transference-Focused Psychotherapy  
IS PLEASED TO PRESENT A ZOOM CONFERENCE

**FEBRUARY 3, 4, 2024**

THE MULTIPLE FACES OF  
NARCISSISM:  
CONCEPTUALIZATION AND  
TREATMENT

*PRESENTERS:*

OTTO KERNBERG   JOHN CLARKIN  
FRANK YEOMANS   DIANA DIAMOND  
EVE CALIGOR   LINA NORMANDIN  
BARRY STERN   JULIA SOWISLO  
RICHARD HERSH

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# CONFERENCE DESCRIPTION

Narcissistic Personality Disorder (NPD) is a complex and prevalent mental disorder that significantly compromises relationship and work-related functioning, with implications for social, political and organizational life. Clinicians of all stripes report high rates of narcissistic pathology in their caseloads. While the DSM-5 enumerates descriptive criteria for NPD, it fails to address the range of presentations and range of severity that can characterize the disorder. In this conference we will present an overview of NPD within a psychodynamic object-relations theory frame of reference. We will present material on topics including the object relations theory-based structural formulation of NPD, assessment and treatment with Transference-Focused Psychotherapy (TFP), and love relations in adults and adolescents with pathological and malignant narcissism.

***The conference will culminate with a lecture by Dr. Otto Kernberg on the role of narcissism in the ascendance of Authoritarian Regimes and how to prevent them.***

# SATURDAY, FEB 3

**8:00-8:15**

Opening Remarks:  
*Jill Delaney, Barry Stern*

**8:15-9:15**

Descriptive and structural features of narcissistic personality disorder  
*Eve Caligor*

**9:15-10:15**

Clinical assessment of NPD  
*Barry Stern*

**15 MINS.**

Coffee Break

**10:30-12:00**

TFP for NPD - Phases of Treatment  
*Diana Diamond, Frank Yeomans*

**12:00-12:15**

Discussion

**12:15-1:00**

Lunch Break

**1:00-2:00**

Applied TFP in the management of NPD  
*Richard Hersh*

**2:00-3:00**

Advanced stages of TFP treatment with NPD Patients  
*Otto Kernberg*

**3:00-3:30**

Discussion and wrap up

# SUNDAY, FEB 4

**8:00-9:00**

Malignant narcissism as a mediator of TFP outcome on love relations: Comparing two cases

*John Clarkin, Julia Sowislo*

**9:00-10:00**

Normal and Pathological Narcissism in Adolescents

*Lina Normandin*

**15 min.**

Coffee Break

**10:15-11:15**

Prevention and Dismantling of Authoritarian Regimes

*Otto Kernberg*

**11:15-12:00**

General Discussion and wrap-up.

# CONFERENCE PRESENTERS

## Biographies



**Otto F. Kernberg, M.D.**, is the Founder and Past Director of the Personality Disorders Institute (PDI) at The New York Presbyterian Hospital, Westchester Division, and Professor Emerita of Psychiatry at the Weill Medical College of Cornell University. He is a founding member and Past President of the International Society for TFP (ISTFP). Dr. Kernberg is a Past-President of the International Psychoanalytic Association (IPA). He is also Training and Supervising Analyst of the Columbia University Center for Psychoanalytic Training and Research.



**John Clarkin, Ph.D.**, is Clinical Professor of Psychology in Psychiatry, Weill Cornell Medical College, and Co-Director of the Personality Disorders Institute, New York Presbyterian, Westchester Behavioral Health Center. He is a member of the International Psychoanalytic Association (IPA) Research Committee and a past president of the Society for Psychotherapy Research (SPR). Dr. Clarkin is Past Chair of the Research Committee for the International Society for TFP (ISTFP).



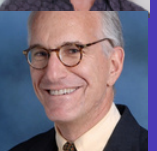
**Diana Diamond, Ph.D.**, is Professor Emerita, Doctoral Program in Clinical Psychology, City University of New York, Senior Fellow of the Personality Disorders Institute (PDI), Weill Cornell Medical Center, Adjunct Professor of Clinical Practice at the New School for Social Research and Adjunct Professor, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis where she did her psychoanalytic training. She is also on the faculty of the New York Psychoanalytic Institute and Society (NIPS). Her interests are in the theory, research, and treatment of personality disorders with a focus on the impact of pathological narcissism on the treatment process and outcome, on attachment and mentalization in personality disorders and how they change over the course of psychodynamic therapy, on psychoanalysis and film. She has published and lectured internationally in these areas.



**Frank Yeomans, M.D., Ph.D.**, is Clinical Associate Professor of Psychiatry, Director of Training at the Personality Disorders Institute, Weill Cornell Medical College. He is Adjunct Associate Clinical Professor of Psychiatry, Department of Psychiatry, Columbia University Vagelos College of Physicians & Surgeons. Dr. Yeomans is a founding member and current President of the International Society for TFP (ISTFP). He has authored and co-authored articles and books on Transference-Focused Psychotherapy for personality disorders and teaches widely on that subject.



**Eve Caligor, M.D.** is Clinical Professor of Psychiatry at Columbia University College of Physicians and Surgeons, and Director of the Psychotherapy Division at the Columbia University Center for Psychoanalytic Training and Research where she also serves as Training and Supervising Analyst. She is Adjunct Professor of Psychiatry at the Sanford Weill Medical College and is Vice President of the International Society for TFP (ISTFP).



**Dr. Richard Hersh** is a Special Lecturer in the Department of Psychiatry at Columbia University College of Physicians and Surgeons. Dr. Hersh is a certified TFP Teacher and Supervisor. Dr. Hersh has also been trained in Good Psychiatric Management for Borderline Personality Disorder (GPM) and has fulfilled the requirements of Official Trainer status for GPM. Dr. Hersh teaches both TFP and GPM in the Columbia Psychiatry residency curriculum in both required and elective courses. He recently co-authored the textbook "*Fundamentals of Transference-Focused Psychotherapy: Applications in Psychiatric and Medical Settings*" published in 2017 by Springer.



**Barry Stern, Ph.D.** is a founding member of TFP – New York. He is a Senior Fellow of the Personality Disorders Institute of Weill Cornell Medical College for the past 20 years. Dr. Stern's work is informed by modern object-relations theory. He is an author of the Structured Interview of Personality Organization-Revised (STIPO-R), and is currently the co-lead-investigator of a study of its reliability. Dr. Stern writes, teaches, and trains on topics related to the assessment and treatment of borderline and narcissistic pathology. He is an instructor at the Columbia University Center for Psychoanalytic Training and Research, where he has taught modern Kleinian theory of technique, and developed the Center's curriculum on systemic-analytic therapy for couples.



**Julia Sowislo, Ph.D.** is a visiting scholar from Switzerland and an Instructor of Psychology in Psychiatry at Weill Cornell Medical College. She is Senior Research Associate at The Personality Disorders Institute of New York Presbyterian Hospital. She received a PhD from the University of Basel and is licensed as a psychodynamic psychotherapist in Switzerland.



**Lina Normandin, PhD.** is a Full Professor of Psychology in the Child and Adolescent Clinical Section at the School of Psychology, Laval University, Quebec, Canada. She is the Director of TFP-Quebec and the lead author of *Transference Focused Psychotherapy for Adolescents with Severe Personality Disorders*. American Psychiatric Publishing, 2021.

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***<https://tfp-ny.praxis-maerz.at/>***

***Conference Fee***

***General Admission: \$175.00***

***ISTFP Members: \$125.00***

***Students/Candidates: \$85.00***

***Conference Committee***

- Jill Delaney • Eve Caligor • John Clarkin,***
- Diana Diamond • Frank Yeomans***

***Scientific Committee***

- Frank Yeomans, • Eve Caligor • John Clarkin***
- Jill Delaney • Diana Diamond***
- Lina Normandin • Barry Stern***

***For Questions, please contact:***

***Jill Delaney***

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***TFP-New York***

***www.tfpny.com***