

# One-year Transference-Focused Psychotherapy training and consultation course

Weekly online seminar

8 September 2023 - 19 July 2024

Friday mornings 10.30 am - 12.00 midday (London time)



# Course description

The course covers the TFP object relations model of personality pathology, and an initial comprehensive description of the TFP approach, its principles and techniques. Case examples will be used throughout including videos of sessions that illustrate management of common clinical situations. In its second half, the course shifts to focus on discussion and supervision of participants' cases.

Participants will be encouraged and helped to find supervisors in the first term and to start assessing a patient for TFP. Supervision will need to be arranged by the attendee. Participants would need to fund their supervision if it is not provided by their organisation.

After completing the one-year course, participants will have a good understanding of TFP knowledge and techniques. The course will be of benefit to those who have previously attended TFP training courses but want to consolidate their learning and gain a more thorough understanding. Participants will have the option of a second year follow-on seminar.

TFP supervision is typically weekly or fortnightly in groups of three to four for 60 minutes, with a TFP teacher supervisor providing supervision. Each person needs to present at least monthly to their supervisor for accreditation purposes. One-to-one supervision is another common model.

Participants who attend 80% will receive a certificate from the TFP-UK group and be able to join the ISTFP.

# Organisers and main teachers

Jonathan Radcliffe, psychoanalytic psychotherapist and consultant clinical psychologist, and head of Lewisham Personality Disorders Service, South London and Maudsley NHS Trust.



Laura Liard, clinical psychologist and psychotherapist in private practice, Brussels, Belgium.



Each are ISTFP accredited TFP therapists, teachers and supervisors.

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**Format:** weekly online seminar

**Times:** Fridays mornings 10.30 am - 12:00 midday (London time)

**Course webpage:** <https://tfpintroductorycourseuk.co.uk/>

**Application:** on the website

**For more information, contact:** [Jonathan.Radcliffe@slam.nhs.uk](mailto:Jonathan.Radcliffe@slam.nhs.uk)

# Questions about the course?

**Join our zoom information meeting on Wednesday  
June 28th 2023 at 14:00 and ask all your questions!**

**Co-hosted by TFP-UK and South London  
and Maudsley NHS Foundation Trust**

Meets the requirements of the International Society of  
Transference-Focused Psychotherapy for didactic training element  
of accreditation.

